



Cheer & Dance Individuals



Choreography Cost & Division Information

Individual Routine: \$300 Group Routine: (2-4 Members) \$500

Individuals Choreography Package Includes

- Professional Choreography
- Routine Music
- 2 hr. to learn Individual Routine
- 2hr of Routine Clean Up

Available Cheer & Dance Individuals Competition Divisions:

1. Crowd Pleaser:

- Includes jumps, cheer/motions, and a dance
- Time Length 1min & 30 seconds maximum.
- **No Tumbling Allowed**

2. Best Cheerleader

- Includes jumps, tumbling skills, cheer motions, and a dance
- Time Length: 1min & 30 seconds maximum
- **No Twisting Tumbling Skills Allowed**

3. Elite Best Cheerleader

- Includes jumps, tumbling skills, cheer motions, and a dance
- Time Length: 1min & 30 seconds maximum
- **Tumbling Limited to 2 Twisting Rotations**

4. Cheer Only

- Cheer that is fun and entertaining, with creative words & motions.
- Time Length: 30 seconds maximum
- **Tumbling & Jumps is not Allowed**

5. Cheer Group: (2 to 4 Members, Male or Female)

- Includes jumps, tumbling skills, cheer motions, and a dance
- Time Length: 1min & 30 seconds maximum
- **Tumbling limited to 2 Twisting Rotations / No Stunting**

6. Group Stunt (4 – 5 Members; 1 Boy Allowed)

- **A routine of stunts and transitions performed to music**
- Time Length: 1 min maximum
- **Jumps, Dance, Tumbling Skills Will not Be Judged**

7. Dance Individual Competitions (2 Minute Routine)

- **Best Dancer (Solo): Jazz, Lyrical, Hip-Hop,**
- **Best Dance Group (2-4 Dancer): Any Style of Dance**